

Dr. Foley's Shoe List



Men

Auri Footwear	
Birkinstock	
Chaco	Sandals
Dansko	
Drew	All widths available
Dunham	Casual and dress, all widths available
Ecco	Oxford, loafer, boat shoe. Wide widths available
Keen	
MBT	
Merrell	Moccasin, hiking boots, athletic sandals
Mephisto	
Naot	
Rockport	

Tel 562.420.9800

www.doctorvikki.com

updated 2/2010

Women

Aravon	Loafer, pump, sandals
Auri Footwear	
Birkinstock	
Chaco	Sandals
* Cole Haan	G Series
Dansko	Clogs
* Donald Pliner	
Drew	Casual, oxford, pumps - widths available
Ecco	Clogs, Cosmo sandal, golf shoe, soft oxford, cool zip oxford
Helle Comfort	Sandals, oxford, golf sandals
Keen	
Kumfs	Mary Jane
MBT	
Mephisto	
Merrell	Mules, athletic slip-on, hiking boots
Munro	Lola sandal, clogs, oxford, pump
* Naturalizer	
Naot	
* Sofft	
Vaneli	

* *come in narrow*

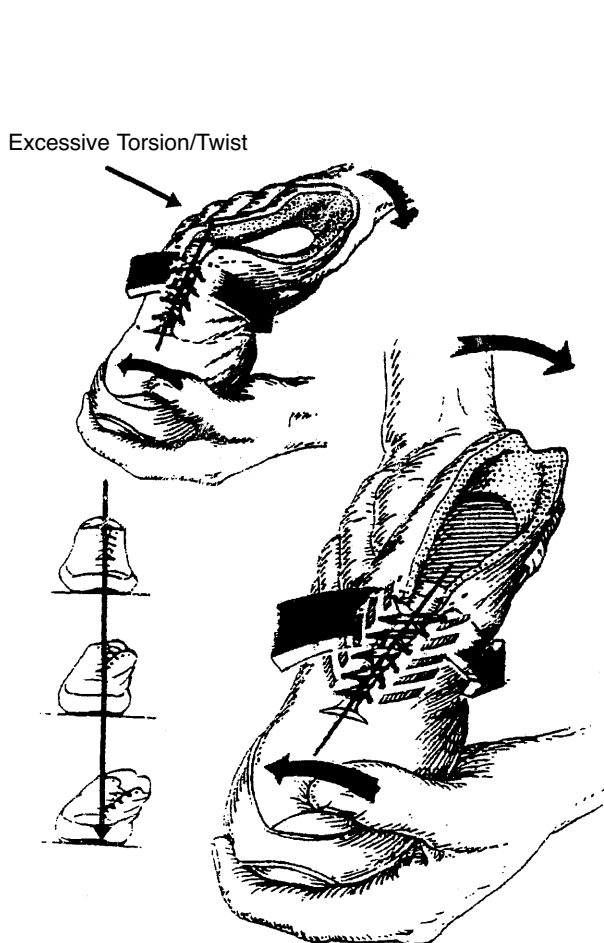
Slippers

Acorn
Terrasoles

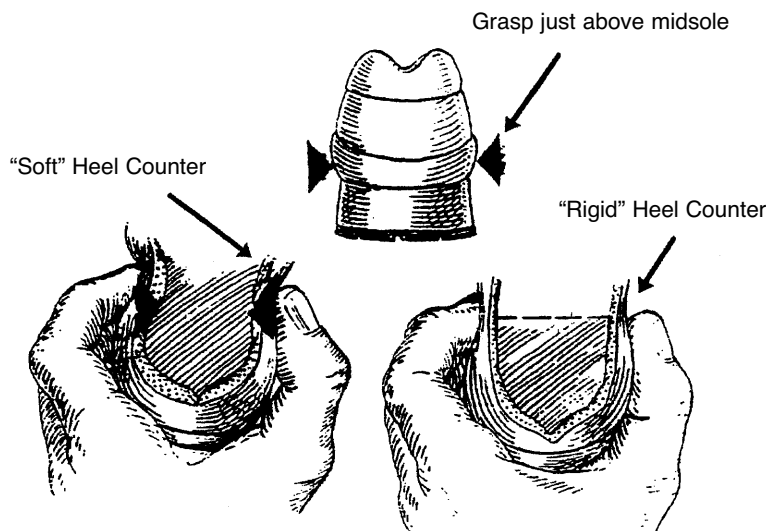
Stores

Bodell's	4190 Viking Way, Long Beach	425-1426
Foot Solutions	1811 Ximeno Ave., Long Beach (next to Marshall's)	961-3200
New Balance Store	South Coast Plaza	714-434-9405
Nordstrom & Nordstrom Rack		
O My Sole	5242 E. 2nd Street, Long Beach	621-9114
SAS Shoe Store	2332 N. Tustin Ave., Orange	714-283-4950
	3313 S. Bristol Street, Santa Ana	714-444-0777
Sol Comfort	Corona Del Mar Plaza	949-644-5539
Tennimocs	6502 E. Spring Street, Long Beach	429-7777
Walking Company	South Coast Plaza	714-546-6610

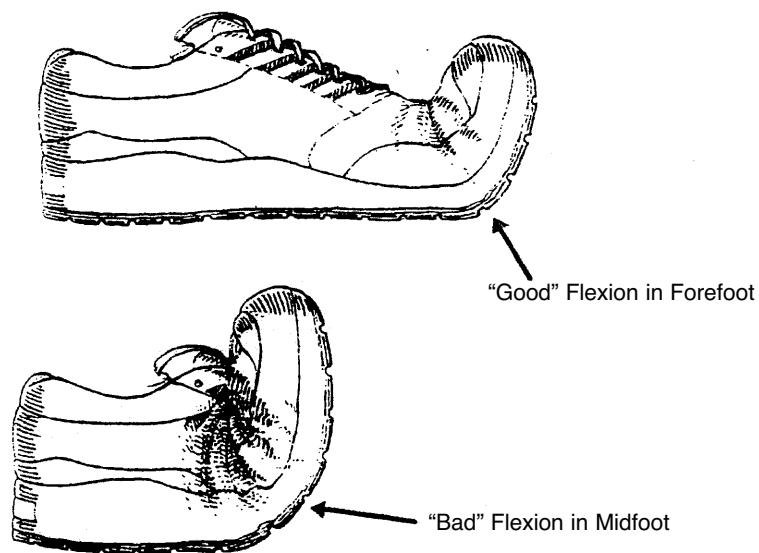
Three Tests to Determine Motion Control/Anti-Pronation



1. Torsional Rigidity



2. Heel Counter Rigidity



3. Flexion Stability

** A shoe must NOT torque/twist or flex in the middle or "midfoot" and have a "rigid/stiff" heel counter to qualify as a moderate to excellent motion control/anti-pronation shoe.**

Dr. Victoria Foley's Shoe List

Phone: 562-420-9800
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RUNNING: Motion Control/Anti-Pronation

CUSHION:

- | | | |
|--|---|---|
| <input type="checkbox"/> BROOKS:
-Glycerin (M/W)
-Defyance 2 (M/W)
-Dyad | <input type="checkbox"/> NEW BALANCE:
-993 (M/W)
-1061 | <input type="checkbox"/> NIKE:
-Pegasus |
| | <input type="checkbox"/> ADIDAS:
-Supernova Cushion (M/W) | <input type="checkbox"/> ASICS:
-Cumulus
-Landreth 5 (M/W)
-Nimbus 10 (M/W) |

MILD MOTION CONTROL:

- | | | |
|--|--|---|
| <input type="checkbox"/> ASICS:
-GT2140 (M/W)
-Kayano (M/W) | <input type="checkbox"/> NIKE:
-Elite 4 (M/W)
-Air Max
-Moto Score | <input type="checkbox"/> SAUCONY:
-Omni Med. Control (M/W) |
| <input type="checkbox"/> NEW BALANCE:
-769 (M/W) | <input type="checkbox"/> BROOKS:
-Adrenaline GTS 9 (M/W) | <input type="checkbox"/> MIZUNO:
-Alchemy 5 (M/W)
-Nirvana |

MODERATE MOTION CONTROL:

- | | | |
|---|--|--|
| <input type="checkbox"/> ASICS:
-Foundation VI (M/W)
-Evolution II (M/W) | <input type="checkbox"/> BROOKS:
-Addiction 8 (M/W) | <input type="checkbox"/> SAUCONY:
-Omni Ult. Control (M/W)
-Hurricane (M/W) |
| <input type="checkbox"/> ADIDAS:
-Adi Star Control (M/W) | <input type="checkbox"/> NEW BALANCE:
-1224 (M/W)
-859 (MW) | <input type="checkbox"/> MIZUNO:
-Renegade 4 (M/W) |

MAXIMUM MOTION CONTROL:

- | | | |
|--|---|---|
| <input type="checkbox"/> BROOKS:
-Beast (M) or Ariel (W) | <input type="checkbox"/> SAUCONY:
-Grid Stabil CS V (M/W) | <input type="checkbox"/> NEW BALANCE:
-1123
-817 |
|--|---|---|

CROSS-TRAINERS—see legend at bottom right of page for meaning of *** before shoes

- | | |
|---|---|
| <input type="checkbox"/> NEW BALANCE:
** 802 (M) – Tennis/Cross
*** 1009 (M/W) | <input type="checkbox"/> KSWISS:
*** Ultrascender
** Glaciator |
|---|---|

WALKING SHOES—see legend at bottom right of page for meaning of *** before shoes

- | | | |
|--|--|---|
| <input type="checkbox"/> BROOKS:
*** WT: Leather Addiction (M/W) | <input type="checkbox"/> NEW BALANCE:
*** 927 (M/W)
** 845 (M/W)
* 811 (M/W)
* Aravon (W) | <input type="checkbox"/> DREW:
Blitz (W)
Thunder (M) |
| <input type="checkbox"/> MBT | | |
| <input type="checkbox"/> SKETCHER:
Shape Ups | | |

BASKETBALL—see legend at bottom right of page for meaning of *** before shoes

- | | | |
|--|---|--|
| <input type="checkbox"/> NIKE:
*** Air Huarache series (M)
** Power Max | <input type="checkbox"/> ADIDAS
*** Creator Rose (M)
** Bounce Commander (M) | <input type="checkbox"/> REEBOK:
** ATR Talkin' Krazy (M) |
| | | <input type="checkbox"/> NEW BALANCE:
** 889 (M)
** 905 (M/W) |

DAY HIKERS & TRAIL RUNNING SHOES—see legend at bottom right of page for meaning of *** before shoes

- | | | |
|--|---|---|
| <input type="checkbox"/> MERRILL:
** Chameleon (M/W) | <input type="checkbox"/> MONTRAIL:
** Comp & comp XCR (M/W) | <input type="checkbox"/> ASICS:
GT 2130 (M) |
| <input type="checkbox"/> BROOKS
*** Adrenaline (M/W) | | <input type="checkbox"/> KEEN:
*** Targhee II (M/W) |

GOLF SHOES—see legend at bottom right of page for meaning of *** before shoes

- ECCO:**

updated 2/10

Available at:

- **Runner's High**, 6416 Stearns, Long Beach (562) 430-7833
- **Runner's High**, 5338 E. 2nd St., Long Beach (562) 433-7825
- **Snails Pace**, 8786 Warner Ave., Fountain Valley (714) 842-2337
- **New Balance Store**, 3333 Bear St., Costa Mesa (714) 434-9405
- **New Balance Store**, 20611 Hawthorne Blvd., Torrance (310) 921-2700

Over-the Counter Orthotics:
Superfeet®
Spenco®
SofSole Custom®

Motion Control for Cross Trainers, Walking and Basketball:

- *** Maximum control in category
- ** Moderate control in category
- * Mild control in category