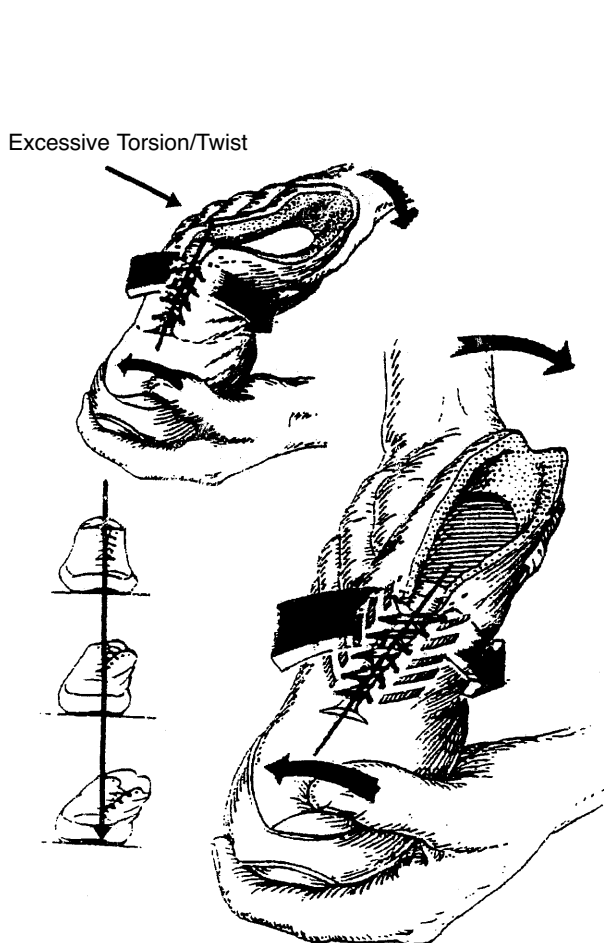
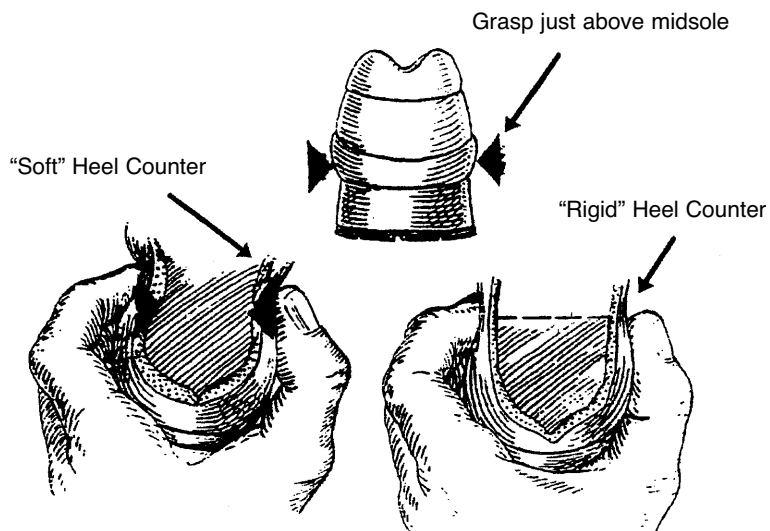


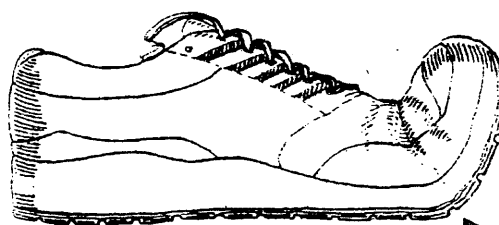
Three Tests to Determine Motion Control/Anti-Pronation



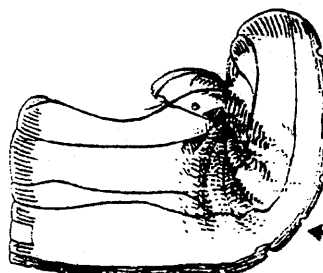
1. Torsional Rigidity



2. Heel Counter Rigidity



"Good" Flexion in Forefoot



"Bad" Flexion in Midfoot

3. Flexion Stability

** A shoe must NOT torque/twist or flex in the middle or "midfoot" and have a "rigid/stiff" heel counter to qualify as a moderate to excellent motion control/anti-pronation shoe.**